

the red trail to cross the river, then follow the blue trail up the side of the mountain. The turnoff to Shimshon's cave is a clear marked trail.

The trailhead for the longer trail is located right outside of the community of Kisolon. Follow the blue trail all the way down until you reach a clear marked turnoff to the cave. This hike is about 3.5 kilometers each way.



## Notes on the Season:

**The short trail is only open from March through October.** During the rainy season, the crossing at Sorek River is closed (it can be dangerous when the river is very full). The longer trail is open all year long.

On summer days, make sure to wear a hat and sun protection. Both of these trails are mostly exposed.

**MORE INFO:** [Climb to Shimshon's Cave](#) and [Shimshon's Cave: a New Approach](#)

